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| **SSMED-1410** | **Crew with a Pre-existing Condition** |
| **Version No.** | 1 |
| **Content Owner** | Vikand Technology Solutions, LLC. |
| **Revision Date** | 22 October 2020 |

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|  | * 1. Crew arriving with a pre-existing condition must meet the specific guidelines for embarkation and employment.   2. In addition to a pre-employment screening, Crew with a pre-existing condition must provide a medical certificate of fitness for duty and travel in relation to their diagnosis.   3. A review of the pre-employment physical/screening will be performed by VIKAND Medical Solutions or Silversea to determine fitness for employment, duty and travel.   4. In addition to Silversea pre-employment physical/screening, the following is required: * Letter of attestation regarding medical fitness and ability to perform job functions and ability to travel with a detailed description of any limitations or restrictions. * The treatment cost of any chronic and pre-existing conditions is the sole responsibility of the crew. * Copies of all prescriptions including any medication prescriptions pertinent to the crew ongoing medical care are required. * Crew should bring enough medication to last throughout the length of their contract * Crew are to report to the Medical Center upon sign-on to present proof of medications for length of contract. * If a change in dose or frequency of a medication occurs whilst onboard, the Doctor has authority to provide the appropriate additional medication needed.   1. Crew can purchase the new and additional prescription from the Medical Center at cost.   2. Crew are also to present copies of all ophthalmological prescriptions if applicable: * Per World Health Organization (WHO) guidelines, Crew are expected and advised to begin their contract with 2 viable pairs of glasses * Crew should always have their glasses attached to a lanyard   1. If this is adhered to, and if the spectacles are subsequently damaged or lost during normal duty, Silversea will bear the cost of the replacement with a standard frame and/or lens. |
|  | **Crew with HIV+**  **PEME Guidelines**:   * Temporarily Unfit - Until stabilized on treatment with CD4 level of >350 or when treatment changed and tolerance of new medication uncertain. * Permanent Unfit – Non-reversible impairing HIV-associated disease. Continuing impairing effect of medication. * Fit for Duty without limitations – HIV+, no current impairment and very low likelihood of disease progression. No side effects of treatment or need for frequent monitoring. * International Guidelines on the medical examination of seafarers suggest that a crew who has been diagnosed with HIV+ and who has undergone subsequent workup and treatment and is found to be in a stable condition, can return on board provided he / she meets the following criteria:   + That all medications used in the treatment and maintenance of his HIV positive state shall be paid for and brought along by the crew for the duration of the contract plus one month.   + The crew must be free from medication side effects for a period of at least three months from initiated drug therapy.   + The current health status of the crew must be stable. CD4 or T4 levels must be above 350, CD8 level greater than 200 or a CD4 percentage of above 21.   + The viral load must be significantly decreasing or non-detectable.   + The crew must be able to fully perform the assigned function and must inform the ship’s medical staff of the condition and status upon boarding. * If a crew with HIV+ meets the criteria above and is permitted to board the vessel, he/ she should report to the Medical Center for oversight and management:   + The crew will be required to dispose of medication waste in the Medical Center. * The crew must report to Medical Center immediately if feeling unwell |
|  | **Monitoring Crew with Hypertension**   * 1. Silversea encourages wellness and health of all crew.   2. The crew should visit the medical center every month to do routine monitoring.   3. The medical staff should review the OTC and prescription medication.   4. The Nurse is to monitor and address issues to the Doctor.   5. BP readings and any other diagnostic tests should be entered in the crew’s medical file in the EMR system (if available). |
|  | **Monitoring Crew with high Cholesterol**   * 1. Silversea encourages wellness and health of all the crew.   2. The crew is to visit the Medical Center 1-2 times per contract for a repeat test.   3. On reporting to the Medical Center, the crew will be given health and dietary advice to stabilize or reduce cholesterol.   4. Cholesterol and other analytics are to be entered in the crew’s medical file in the EMR system (if available). |
|  | **Monitoring Crew with Diabetes**   * 1. Crew who have been diagnosed with non-insulin treated diabetes, have undergone diagnostics, have undergone treatment and found to be in a stable condition, and who are under prescribed medication, are permitted to work onboard.   2. On reporting to the Medical Center, the crew is to be given health and dietary advice to control diabetes.   3. The crew is to be monitored and tested every three months.   4. All results are to be entered and maintained in the Seacare EMR system (if available). Crew are to report to Medical Center immediately if feeling unwell |
|  | **References**  ACEP Cruise Ship Medicine Section  WHO (World Health Organization)  ILO |